

MONASH UNIVERSITY HK ALUMNI ASSOCIATION LIMITED

(MUHKAA)

Message from Our President

Dear fellow alumni and friends,

We're glad to announce that the Year of 2013 is the 25th Anniversary of our Alumni Association!

Having had an alumni association incorporated for 25 years is not an easy "task", it involves a lot of efforts and commitments from our members and committees. Of course, without the 3 founding members, Bernard Ngai, Peter Ngai and Albert Leung, our alumni association would not have existed today. We treasure every moment we spent together and our friendship developed from here. So let's celebrate today and make it an unforgettable event of the year!

With our celebration of the 25th Jubilee Anniversary, we would like to bring you the theme of the year "I care. You care. We care for the World". We have been organizing various kinds of activities for our members for the past years, including social networking events, professional seminars, educational talks, sports activities, etc. and it's time for us to move forward to contribute to the society by doing something even more meaningful. Not only do we help those in need through our alumni association, but also we should care for and protect our environment and extinct animals.



Last but not the least, we wish you a fruitful and enjoyable life for the rest of the year! Stay tune and see you in our upcoming events!

Best Regards,

Rebecca Hung

Monash Hiking

19 February 2012 By Jason Cheung

On 19th February 2012 (Sunday), we organized a hiking activity to High Junk Peak Country Trail (釣魚翁郊遊徑) in Clear Water Bay. At the end, we have had seafood lunch at Po Toi O Village.

That was a very nice sunny day. We have 15 adults together with a 5 years old smart boy. We enjoyed the trip very much. The whole route was quite easy to walk and had a few nice stopping points to have a rest and chatting with others. The Clear Water Bay and Po Toi O Village are so beautiful. Finally, we finished the 6.6km journey and had a delicious seafood lunch in Po Toi O. It was unforgettable.



2012 Boat Trip

8 July 2012 By Jason Cheung

It was a sunny day. We had two boats to sail out with fun under the sun. We had plenty to eat anddrink and was merry with new and old friends as well as free of worries altogether. We had a lot of fun too. We had some very specialactivities including aHughWater Slide, Swimming, Wake-board, Banana Boat, Mahjong and Cards Games and more. You canfeel our happinessfrom our photos.



Hiking on Saturday

12 January 2013 By Eva Law

University of Adelaide Alumni Association HK (UAAA) andMonash University HK Alumni Association (MUHKAA) presented the first-ever joint event, a New Year Hiking on Saturday, 12 January 2013. With this program, it opened the series of our 25th anniversary activities in Year 2013. The hiking was set to thrill both the locals and tourists in Nam San Wai.

In this event, we had 30 attendeeswhich was the first mega-event of our hiking events, and a fixture in our Spring Festival celebration. The event beganat10 a.m.and attendees could look forward to this famous HK country tour for its wild peace and simple life withwalawala which is the only cross-river boat in Hong Kong now.



Residence of Consul General

19 January 2013 By Simon Sham

It was a great opportunity for me to revisit the Australian Consul General in Hong Kong again on 19th January, 2013. There are two similar things for these two visits. The first thing is that I had wonderful experience and excitement forboth times. I met nice people. We had been talking about the good old days in Australia. Another thing was the warm welcome of the host. Although it was a different Australian Consul General, I was able to feel the happiness and the enjoyable Australian Culture.

I was so glad to talk with the Australian Consul General face to face. On one hand, he is a smart person. He talked a lot of rational analysis on different issues, such as Hong Kong was the most important city for Australia outside the country because it had a lot of investment here, such as National Australia Bank, Commonwealth Bank of Australia and ANZ Bank here. That's why he gained a lot of other foreign countries experience before coming to Hong Kong. On the other hand, heis a verynice person. He told us he and his wife were home sick during Christmas, so they went to the beach in Hong Kong which resembled the beach in Australia, and they felt better of this.



Professional Talk

23 March 2013 By Eva Lam

Stress becomes an important topic, especially to us in Hong Kong nowadays. We organized a professional talk on handling stress in workplace earlier on in March. Talking about stress we may face every day at work, Bonnie Wong,one of our committee directors, Managing Director of Loving You Loving Me and Business Director of JP Partners Medical Group, gave us tips and insights on how we could face these stress. With lively demonstrations in the event, there was also useful sharing on what can be done to stimulate positive thinking as well as methods for relaxation. Office environment also brings stress to our health when we are spending long hours in front of the computers. In the second part of the event, Dr. Benny Yau-tin Tong, a famous doctor of Chiropractic, shared chiropractic care information and tips for us to reduce posture-related problems in workplace. Question and answer session was definitely the highlight of the day when Dr. Tong giving his professional advices to our participants on their back and pain issues.

The professional talk was definitely a good experience for every one of us. We shall look forward to more events of this kind coming our way.



FAAA Badminton Tournament 2012

28 April 2012 By Amy Chan

The 6th Federation of Australian Alumni Association (FAAA) Inter-Universities Badminton
Tournament (2012) was held on 26-4-2012. A total of 10 Australian Universities Alumni had
participated in the event and a total of 10 teams were formed. Events of the tournament consisted of
Men's Double, Mixed Double, Women's Single and Men's Single. After the heated
competition, winners of the events: Women's Single belonged to Ms. Kathleen Ng (Monash A
team), Winner of Men's single belonged to Mr. Yap Thian Weng (University of South Queensland).
Ms. Amy Chan and Mr. Claude Lam (Monash B team) were the winners of the Mixed Double event,
Mr. Claude Lam and Mr. Andrew Lam (Monash B team) also won the Men's Double event.
Finally, Monash B team defeated the opponent and got back the Overall Championship this year.
And the 1st runner up team belonged to a mixed team (Monash A team and University of South
Queensland).







I Care, You Care, We Care The World.



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